



"WE SERVE"

Wetherby District Lions Club



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Pram Race Rules and Guidance 2010

Teams

Each team must have a minimum of four and a maximum of 6 people and no substitutes are allowed during the race. At the start and finish of the race at least 4 members of the team must be in contact with the Pram.

Prams

In recent years some people have found difficulty in securing prams that will safely carry a person over rough ground. It is now acceptable to use a wheel-less "sedan chair" arrangement in lieu of a pram. The sedan chair must be large enough to carry a person and carried by at least four people.

Pram, Race Penalties and credits

Each team must carry a passenger preferably in fancy dress. The passenger can be a person dressed up or an effigy.

A non-human passenger must be at least 4 feet tall and carried in the pram, or "sedan chair".

Race teams will be issued with a race number card, which the pram passenger must display at all times during the race.

Any team not using the correct route will be disqualified this includes the dangerous practice of short cutting straight down Scour Bank- contestants must follow the winding path.

Deliberate obstruction of another team will incur a 2 minute penalty on each occasion.

Time credit will be given for any delay caused by a marshal e.g. whilst waiting to cross a road etc.

No mechanical propulsion is allowed.

Sponsorship

Each contestant should seek sponsors using the enclosed Gift Aid forms. The sponsorship is for taking part and all money must be handed to the race marshal's caravan before the race.

100% of all sponsorship will be donated to the St John's School for the Deaf via Wetherby Lions Club.

Each entrant must bring at least £5 sponsorship or be prepared to make up a contribution totalling that amount. (Cheques made to Wetherby District Lions Club are preferred)

General

The organiser's decisions and interpretation of the rules is final.

Contestants take part at their own risk.

Please arrive at the Wilderness car park, Wetherby by 10-00 and register in the marshal's caravan. Race briefing will be at 10-30.

Photography

An official photographer nominated by the club and carrying identification will take team photographs and action photos during the event. Any participants under 18 must provide a signed parental authorisation to appear in such photos which will be published in newspapers, the Lion magazine and Lions' websites. Wetherby Lions follow NSPCC guidelines on the use of photographs of children on websites and other publications and will avoid publishing information, which might identify a child to a stranger. Parents have the right of subsequent "no questions asked" withdrawal of their child's image.

A release form can be downloaded from the Pram Race website www.pramrace.org